



Good morning. Here are today's top stories.

August 18, 2017

LEADING THE NEWS

CDC: Improper use of contact lenses common among teens

According to the [CBS News](#) (8/17, Welch) website, a CDC report “finds that the majority of teens and adults who wear contact lenses admit to at least one habit that puts them at risk of infection.” Jennifer Cope, MD, a CDC medical epidemiologist, said in a statement, “Contact lenses are a safe and effective way to correct your vision when they are worn and cared for as recommended. However, adolescents and adults can improve the way they take care of their contact lenses to reduce their risk of serious eye infections.”

[HealthDay](#) (8/17, Steele) reports that according to the CDC survey, 85 percent of teenagers with contact lens use them improperly, “upping their odds for serious eye infections.” These risky habits include “sleeping, napping or swimming with their contacts in; reusing solution; rinsing lenses in tap water; or not replacing lenses and storage cases as recommended.” The survey also found that about 81 percent of young adults between 18 to 24, and 87 percent of adults 25 and older, admit to at least one instance of not following contact lens care guidelines. The [findings](#) “were released in the CDC’s August 18 Morbidity and Mortality Weekly Report.”